

Spring Renewal Retreats

Jesus said, “Come off by yourselves; let's take a break and get a little rest.” (Mark 6:31)

It's time to get away! By yourself, with Jesus. It's both good and necessary. We're embracing a season of rest and renewal at LifePath.

LifePath has received grant funds for all of our adults to participate in one-night personal retreats during the months of April, May, and June. The Franciscan Spiritual Center in Aston, PA has five individual cabin residences (called hermitages) that are available for renewal with Jesus.

Check in at the hermitages is at 2pm, and checkout time is at 11am the following day. The hermitages are comfortably appointed with a small kitchenette (stove, fridge, dishes, table), bed, bathroom with a shower, and a porch. You can bring your own food or can plan to pick something up nearby. The LifePath Pastoral team is preparing a booklet you can use as a tool to guide your time, though there are many ways to experience rest and renewal with Jesus. Walking, dancing, reading, journaling, singing, praying, meditating, creating art. We will offer some structure, but you have complete freedom!

If you'd prefer to do your solo retreat alongside a friend, you can both sign up for the same date since there are multiple hermitages. We can't guarantee availability, so the sooner you get on the schedule, the better.

To sign up, email [Tori at admin@lifepathchurch.org](mailto:admin@lifepathchurch.org) with your top three available dates, or sign up at the LifePath clipboard table. Tori will handle all scheduling and confirm availability. We're so excited about this opportunity and the growth that will emerge from this gift of rest!

More details about the hermitages can be found on the Franciscan Spiritual Center's website: fscaston.org/hermitages.

