

# PATHWAYS

11 Practices for  
Deeper Life With  
Jesus



**LIFEPATH**  
CHURCH DE

# 9/10 Pathway: Silence & Solitude

## **What's the purpose?**

We find deep life and a growing awareness of God and ourselves when we are still and alone with Jesus.

## **What's the gift?**

Jesus wants to give you more of himself and show you his constant presence and goodness.

## **Notes:**

# Silence & Solitude

what I tried: \_\_\_\_\_

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how it went: \_\_\_\_\_

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what Jesus taught me through it: \_\_\_\_\_

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# 9/17 Pathway: Worship

## **What's the purpose?**

When we choose to express God's goodness back toward God, we find that love and adoration to be transformative.

## **What's the gift?**

We receive the reminder that God is with us and that we ourselves are not the greatest authority. Freedom, humility, trust, and joy are gifts we receive as we express love to God.

## **Notes:**

# Worship

what I tried: \_\_\_\_\_

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how it went: \_\_\_\_\_

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what Jesus taught me through it: \_\_\_\_\_

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# 9/24 Pathway: Fasting

## **What's the purpose?**

When we learn to do without something that we need (or think we need), we are given opportunity to look toward Jesus and trust him for our satisfaction, often finding fresh discernment as well.

## **What's the gift?**

Fasting can bring clarity and deepen our trust. We can emerge stronger in our commitment to listen to God and live out God's kingdom.

## **Notes:**

# Fasting

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how it went: \_\_\_\_\_

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what Jesus taught me through it: \_\_\_\_\_

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# 10/1 Pathway: Submission (whaaaat?)

## **What's the purpose?**

By intentionality not needing to get our own way, submission helps us address areas of pride that pull us away from the way of Jesus. (This is not the same as allowing oneself to be mistreated).

## **What's the gift?**

We receive the freedom of not needing to have the last word and be right all the time. We receive the gift of a humble heart.

## **Notes:**



# Submission

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how it went: \_\_\_\_\_

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what Jesus taught me through it: \_\_\_\_\_

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# 10/8 Pathway: Prayer

## **What's the purpose?**

Prayer opens the doorway for communication with God, both divine and receiving. It moves us into a place of true relationship.

## **What's the gift?**

We begin to see God as fully alive and dynamic, experiencing the wonder of God inviting us into the mystery of communion. Our character will be shaped like Jesus through these times.

## **Notes:**

# Prayer

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how it went: \_\_\_\_\_

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what Jesus taught me through it: \_\_\_\_\_

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# 10/15 Pathway: Service

## **What's the purpose?**

We work with our hands to fulfill the calling of Jesus to care for the poor and learn to serve one another, building God's kingdom.

## **What's the gift?**

When we serve, we find that God reminds us that we are created to make cultures of goodness that reflect God's heart. We sense deep fulfillment and we make the world look more like God's kingdom.

## **Notes:**

# Service

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how it went: \_\_\_\_\_

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what Jesus taught me through it: \_\_\_\_\_

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# 10/29 Pathway: Scripture

## **What's the purpose?**

The written Word, alive and inspired, reveals the story of God's people as they wrestle with God and ultimately see God's fullness expressed in Jesus. This is our story, and God continues to speak through it.

## **What's the gift?**

When we slow down to engage with scripture, we become inspired with fresh reminders of who Jesus is. We also have the opportunity to hear spirit-led encouragement that God wants to offer us in our lives today.

## **Notes:**

# Scripture

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how it went: \_\_\_\_\_

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what Jesus taught me through it: \_\_\_\_\_

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# 11/5 Pathway: Secret Goodness

## **What's the purpose?**

We learn to do good and beautiful things in a way that does not build up our pride or become motivated by external desires.

## **What's the gift?**

We experience the joy of having a secret with God. We learn contentment and humility and we experience freedom in letting go of our need for recognition.

## **Notes:**



# Secret Goodness

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what Jesus taught me through it: \_\_\_\_\_

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# 11/12 Pathway: Sabbath

## **What's the purpose?**

We are called to remind ourselves that we are not human doings, but human beings. We learn to pause our constant temptation to define ourselves by labor and production.

## **What's the gift?**

Jesus restores us during sabbath spaces. We are given the gift of resting in our limits and being allowed to enjoy God and delight in his value of us, even when tasks are left undone.

## **Notes:**

# Sabbath

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what Jesus taught me through it: \_\_\_\_\_

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# 11/19 Pathway: Simplicity

## **What's the purpose?**

Jesus calls us to an uncluttered life that is not obsessed with materials or overburdened by tasks. In order to be single-minded followers of Jesus, we must learn to live simply.

## **What's the gift?**

Simplicity brings incredible freedom. When our time is not spent on managing all of our things or balancing competing priorities, we are free to express joyful generosity and free to follow Jesus in new directions at any given time.

## **Notes:**

# Simplicity

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how it went: \_\_\_\_\_

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what Jesus taught me through it: \_\_\_\_\_

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# 11/19 Pathway: Soul Friendship

## **What's the purpose?**

We are created for community with others that moves beyond the surface. When we share relationships that are founded on honesty and authenticity as disciples, transformation follows.

## **What's the gift?**

Soul friends remind us that Jesus has made us for each other, not to go through life alone. God mysteriously gives us people who take us deeper and offer mutual encouragement.

## **Notes:**

# Soul Friendship

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what Jesus taught me through it: \_\_\_\_\_

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This booklet belongs to: \_\_\_\_\_